



Indications for your surgery

At Ideal Plastic Surgery we want your experience to be ideal, that is why we recommend that you follow these guidelines on the day of your surgery.

Regardless of the procedure to be performed, the idea is that the day of your surgery, you should be comfortable.

Keep in mind these recommendations:

- Do not wear jewelry, no earrings, necklaces or watches.
- Do not wear tight pants, rigid material or pants with springs.
- Do not wear heels or rope sandals.
- Do not wear high collared shirts
- Do not wear piercings
- Do not wear tight blouses

Also keep in mind that you should present yourself as naturally as possible:

- Do not wear perfume or hand cream
- Do not wear makeup, elaborate hairstyles or nail polish.
- Do not wear contact lenses
- Avoid bringing too many purses, valuables or extra items that may make it difficult to move around the medical center.



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IDEAL Plastic Surgery



What clothes should I wear on the day of surgery?

We recommend that you wear the following on the day of surgery

- Shirts with buttons or zippers
- Dresses or loose-fitting clothes
- Comfortable, low shoes, without laces if possible

Choosing light, loose-fitting, comfortable clothing after surgery will reduce discomfort when we prepare you to go home. It will also allow you to be more comfortable when you rest at home after surgery.

Thank you for your trust in our ideal team
IDEAL PLASTIC SURGERY



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